

marital spirituality

A LABYRINTH RETREAT FOR COUPLES

Dear friends,

Blessed Easter!

Your labyrinth retreat for couples is next week. Due to events outside our control, we have had to move the retreat venue to Boys' Town. Here are the finalised event details:

Date: 13th April 2024 (Saturday) Time: 7.30am - 11:30am Venue: Boys' Town/ Montfort Centre 624 Upper Bukit Timah Road Singapore 678212

To make the most of the experience, and especially if this is the first time you are joining an Anam Cara labyrinth retreat, the following may be helpful:

## Getting here

There are some parking lots available at the Boys' Town premises. However, these are limited and you are encouraged to carpool or take public transport.

For directions, map, bus and MRT information, please click <u>here</u> :

Please note that the Bukit Timah Road entrance is closed on Saturdays, so entry is only via the Cashew Road entrance. If this is your first time coming to Boys' Town, do please factor in enough travel time to make your way here.

## Dressing

Please come comfortably dressed. The two labyrinths at Montfort Centre are outdoor labyrinths, so you are encouraged to provide your own:

- comfortable footwear for walking
- sunglasses/ sun hat/ cap/ sunscreen because it can get very hot
- umbrella/ poncho/ raincoat as this is an all-weather programme!
- water bottle
- journal and pen(optional)

As this is a very short half-day retreat, and to respect the boundary of time, do note that the retreat will begin and end promptly. Doors open at 7.15 am. Come with open mind and open heart! See you soon!

Blessings,

Edwina



Anam Cara Ministries